



Webinar Engagement Worksheet

Key Takeaways

List three important points you learned today:

1.

2.

3.

Questions and Reflections

Write down any questions you have about the topic. You can submit them for the Q and A during the webinar or email our Support Services team at support@lbda.org.

1.

2.

3.

Reflect on how the information impacts you or your care partner:

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Action Plan

Identify one or two actions you will take based on what you learned: (This could be to share the information with a friend, or questions to ask your medical provider.)

1.

2.

3.

Support and Resources

List any resources or support you need to implement your action plan:

1.

2.

3.

Continued Learning

Identify additional topics or areas you want to learn more about:

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Notes: